

University of Pretoria Yearbook 2017

Foundations of sports coaching sciences 110 (YCS 110)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
Programmes	BA Extended programme
	BA Humanities
	BA Languages
	BA Sport and Leisure Studies Sport and Leisure in Society
	BA Sport and Leisure Studies Sport and Recreation Management
	BA Sport and Leisure Studies Sports Coaching Science
	BA Sport and Leisure Studies Sports Psychology
Service modules	Faculty of Health Sciences
Contact time	3 lectures per week
Language of tuition	Afrikaans and English is used in one class
Academic organisation	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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